

SPECIALIST COUNSELLING SUPPORT

This specialist counselling support service is specifically designed for YOU as a Healthcare Professional who is working with trauma and loss related to pregnancy and birth experiences, in Lancashire & South Cumbria.

There are huge benefits for you in taking time to talk to a specialist counsellor who understands how you are feeling because of the nature of your work. They can support you with:

- How to look after your own wellbeing whilst working with bereaved parents.
- Managing traumatic experiences and the impact this has on you as a Healthcare Professional.
- The raw grief experienced by parents immediately following their loss.
- Working in a stressful maternity/perinatal work place.

To find out more about the referral process and to make a request for counselling, either scan the QR code or visit:

petalscharity.org/healthcare-professional-referral



IMPORTANT NOTES FOR COMPLETING YOUR REFERRAL FORM:

On the drop-down menu headed 'What is the primary reason that brings you to Petals?', please select 'Counselling for Health Care Professionals'.

In the box asking for 'Further information about your experience', please enter your place of work/site/NHS Trust – this enables us to ensure you receive the fully funded sessions you are eligible for.

This service has been fully funded for you.
No personal data is shared with your workplace or GP.

For more information, please email: support@petalscharity.org

